

# FAST TRACK OF ILLINOIS NEWSLETTER

Volume 4

- Annual Association meeting—May 1, 2011 at Proviso East High School. Check [www.usatfillinois.org](http://www.usatfillinois.org) for full details. All youth coaches are required to attend.
- Congratulations to Will Giroux, YB, Southwest Suburban Cheetahs TC. Will attained All-American status with an 11th place finish in the 4k at the USATF National Junior Olympics in December 2010 in Hoover, Alabama.
- Remember to get your 2011 background check completed. It is required for anyone (coach, administrator, parent, etc) that work with youth.
- Coaches - Free Class  
Please notify the office if you're interested in a hammer and shot clinic at the Region 7 meet.

MARCH 2011

## 2011 USATF ILLINOIS ELECTIONS

*Just a note to remind you that our Annual Meeting is Sunday, May 1, 2011. Elections will take place during the meeting. Positions to be filled are:*

*President of USATF Illinois, V.P. of Operations, V.P. of Administration, Youth Committee and appointment of Youth Chair by the new Youth Committee members.*

*If you are interested in a position, you can notify the office prior to the meeting (your name will be included on the ballot), or you can be nominated from the floor. Voting eligibility is as*

*follows:*

*New members (not a member in 2010) must be a member by end of day, March 31, 2011.*

*All members (member in 2010) must be a current member by April 14, 2011.*

*By April 15th, voting status will be available in the USATF Illinois office.*

*If you have any questions, please contact Lorette Cherry at 630-512-0727.*



**Meet**

**Stewart F. Johnsen**

**Owner**

**State Farm Insurance  
Lisle, IL**

**Once a track geek,  
always a track geek.**

USATF ILLINOIS



ALL AMERICANS

## 2010 USATF ANNUAL CONVENTION NEWS

*Effective for the current year, 2011, sub-bantams (ages 7 & 8) can compete in the National Junior Olympics and Youth Athletics. However, an athlete must be at least seven (7) years of age on December 31 of the current year.*

*The sub-bantam events are: 100, 200, 400, 800, 1500, 4x1, 4x4, LJ,*

*SP(2kg) MJ (300g). Also, for clubs that compete in both USATF & AAU competitions, sub-bantam has different age applications.*

*Effective 2011, five athletes in each event (except multis) will advance from Regionals to*

*Nationals. Also, the 5000M run and RW will no longer be contested. 3000M is the maximum distance for YM.*